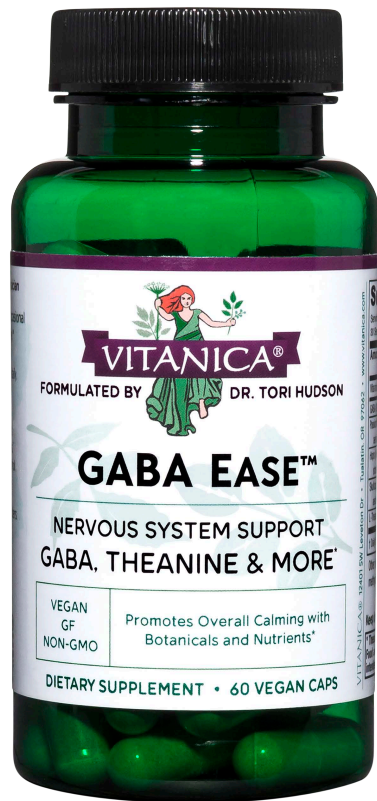


# VITANICA® ~ GABA EASE™



Contains the best researched herbs and nutrients in promotion of calming, plus general nervous system tonic support. Especially helpful during travel, hormonal irritability and stressful times.

## Featured Ingredients:

- **GABA (Gamma-aminobutyric acid)** is the primary inhibitory neurotransmitter in the central nervous system
- **Vitamin B6** supports GABA production in the brain
- **L-Theanine**, the main amino acid found in green tea, has historical use for its calming and relaxing effect
- Supportive herbal nerve tonics: **Passionflower, Skullcap and Hops**

**Indications:** Promotes a calming effect for occasional stress, nervous tension and hormonal irritability.

**Suggested Use:** 2 capsules, 1 or 2 times per day.

Size ~ 60 caps; Item code ~ 7-08118-02302-6

Size ~ 15 caps; Item code ~ 7-08118-2303-3

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)

## Supplement Facts

Serving Size 2 Capsules

Amount per Serving		% Daily Value
Vitamin B6 (as pyridoxine HCl)	25 mg	1470
GABA (Gamma-Aminobutyric Acid)	750 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) aerial parts extract (4:1)	150 mg	†
Hops ( <i>Humulus lupulus</i> ) strobile extract (4:1)	150 mg	†
Skullcap ( <i>Scutellaria lateriflora</i> ) aerial parts extract (4:1)	150 mg	†
L-Theanine	100 mg	†

† Daily Value not established

Other ingredients: Vegan capsule (hydroxypropyl methylcellulose, water), calcium laurate.



## **Quality Control Statement**

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.