

VITANICA® ~ HORSE CHESTNUT

Horse chestnut is particularly useful in promoting vein and capillary strength, especially in the lower extremities.

Featured Ingredients:

- Saponins – particularly aescin, flavonoids and lipids – make up **Horse chestnut's** active ingredients; each capsule contains a standardized extract featuring 20% aescin
- The aescin in horse chestnut is most responsible for promoting lymphatic movement; it promotes the strength of the tissues in the lymph vessels, capillaries and veins
- Research indicates horse chestnut seed extract is equally supportive as compression stockings in supporting the veins in the legs and promoting circulation in the lower extremities

Supplement Facts

Serving Size 1 Capsule
60 Servings per Container

Amount per Serving	% Daily Value
Horse Chestnut (Aesculus hippocastanum) extract	250 mg †

† Daily Value not established

Other ingredients: Vegan capsule (HPMC, water), silica.

Indications: Promotes circulation and lymphatic movement by supporting the integrity of the tissues in the veins and capillaries, especially in the extremities.

Suggested Use: 1 capsule, twice daily.

Size ~ 60 caps; UPC code ~ 7-08118-02125-1

Contact ~ 800.572.4712; email ~ info@vitanica.com



Quality Control Statement

Vitanica is committed to maintaining the content and purity of our dietary supplements. We believe this is accomplished by focusing on the principles that contribute to well-designed products which will support health without contributing to toxicity, utilizing safe and effective ingredients.

Good Manufacturing Practices involve having policies in place to assure adequate and clean facilities, training of staff, verifying and tracking suppliers, raw material testing, clean and organized manufacturing and labeling lines, record keeping, finished product testing, clean and regulated warehousing, etc.

At Vitanica, we strive for excellence in these principles.

One way to assure quality is through third party certification via on-premise observation and analysis. At Vitanica, we are glad to say our dietary supplement manufacturing facilities are third-party certified, FDA registered and meet all regulation standards set forth by the FDA Dietary Supplement Health and Education Act as outlined in the code of Regulations, Title 21, part 111. In addition, we are a Silver Partner with Emerson Ecologics Quality Assurance Program.

All said, if products are well made, but not well designed, they may fail at supporting health. At Vitanica, we are proud to remind you our products are researched and designed by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Vitanica works like a business, but with the heart of a healer. Vitanica began in 1994 with the dream of helping women. Every day, we want to impact women's health through education and healing. Quality assurance is an essential element of meeting our dream.